spread Ove

- 1. Share with a friend.♥
- 2. Make dinner.♥
- 3. Do an unexpected chore.♥
- 4. Donate books and toys.♥
- 5. Write a letter.♥
- 6. Give a hug today.♥
- 7. Bake a treat and give it to someone.♥
- 8. Write a thank you note.♥
- 9. Leave change in a vending machine.♥
- 10. Smile.♥
- 11. Help someone.♥
- 12. Let someone go first in line.♥
- 13. Open the door for someone.♥
- 14. Leave a note in a library book.♥
- 15. Tell someone why they are special to you.♥
- 16. Read to someone.♥

- 17. Bring flowers to someone.♥
- 18. Talk or play to someone new at school.♥
- 19. Wave and say hello to strangers today.♥
- 20. Help someone.♥
- 21. Surprise someone with candy.♥
- 22. Buy someone a coffee today.♥
- 23. Give stickers to friends.♥
- 24. Help carry groceries to a stranger's car.♥
- 25. Invite someone to sit with you at lunch today.♥
- 26. Share your favorite toy with a sibling.♥
- 27. Play a game with a sibling.♥
- 28. Leave a note for your mail carrier or delivery person. ♥



28 simple ways to show your love for others.